



# Centre81



## Get Involved at Centre81!

There's so much going on...

**ISARO Community  
Initiative Activities**

**Bone Health  
Workshops**

**Mindfulness Courses**

**Cooking Classes**

**Strathclyde Autistic  
Society Clubs**

**Kids Activities**

**Community Cycles**

**Wide range of weekly  
low cost Fitness  
Classes - just £3!**

**Garden Advice**

**Free Bike Repairs**



**.. and more!**

 [www.clydebank-ha.org.uk/community/centre81/](http://www.clydebank-ha.org.uk/community/centre81/)

## Investing in Communities Funding Success



### Sustainable and Active Clydebank

We were delighted to have been successful in securing £341,398 of Investing in Communities Funding for 2023-2026 from the Scottish Government last year.

This funding will allow us to continue delivering our low-cost fitness classes, Strathclyde Autistic Society's Sports and Arts Clubs and ISARO Community Initiative's classes, workshops, clubs and activities for Ethnic minorities.

We have also employed project staff which means we can deliver gardening workshops, a programme of led cycle-rides, bike maintenance sessions, cookery classes and more!

We'd love to gather feedback from the community by asking you about our activities and how effective you found them and how much you enjoyed them. We'd also love to gather new and fresh ideas for activities you'd like us to carry out at Centre81.

Complete the survey here:  
[www.clydebank-ha.org.uk/community/centre81/  
project-feedback/](http://www.clydebank-ha.org.uk/community/centre81/project-feedback/)



## Cosy Afternoons at Centre81



We were delighted to welcome people to our cosy afternoons at Centre81 every Friday from November to March.

We welcomed over 400 people to our Cosy Afternoons at Centre81. Each Friday we provided free soup, tea/coffee, biscuits, magazines, newspapers and companionship. The feedback has again been really positive!



We finished up on 22nd March with an Easter themed lunch and a gift box to take away



Funding provided by Clydebank Housing Association

## CAF Bank

### Photoshoot Thanks

To thank us for our recent participation in a photoshoot, CAF Bank, Clydebank Housing Association's private finance lender, provided a £300 donation to our Centre81 community pot. This will allow us to continue to put on extra free activities for the community.



T · H · A · N · K  
Y · O · U

## Community Benefits

Due to Clydebank Housing Association ensuring that their large contracts, mainly for major repair work, all come with 'community benefits' included, some of these are directed to Centre81.

Particularly, we have a very exciting project underway with monies from Anglian Home Improvements, who replaced windows in 400 homes recently - watch this space!

The Bell Group, providing Clydebank Housing Association's 5-Year paintwork contract, recently came along and painted the raised beds and we thank them for their assistance in keeping Centre81 looking spick and span.

Volunteers from Aico, Clydebank Housing Association's smoke alarm technology provider recently came along and painted the gym for us. We appreciate their help in giving it a fresher look!

Gregor and Tony get set!



Lovely fresh finish



## Scottish Government Visit to Centre81

We were delighted to have had a visit from the Scottish Government on 9th November and to showcase Centre81 and all the project successes so far from their Investing In Communities Funding. Feedback from the Project Officer was very positive.



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gov.scot

## Apprenticeship Support

We are fortunate to have the ability to provide apprenticeship experience in a variety of Centre81 roles. Recently, Casey Stevenson completed a 10 month placement at Centre81 as part of her Foundation Apprenticeship in Business Skills with Working4U. Casey then went on to commence her BA Degree in Business Studies.



Casey pictured with Jean,  
Centre81 receptionist

## Clydebank 2011s Shirt Sponsor!

Centre81 is delighted to be a shirt sponsor of the Clydebank 2011s team, part of the Clydebank FC Youth Academy.

The group has been together since 2017 and has over 30 boys in the squad. They look so smart in their strips!

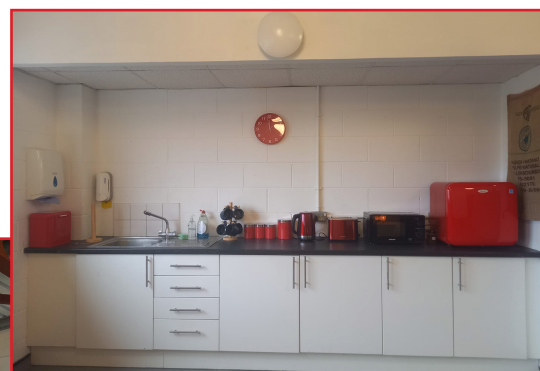


For more information on the team visit their facebook page <https://www.facebook.com/ClydebankFC2011s>.

## Continual Investment

We have recently refurbished our Art Room.

Our lovely Art Room, is available for hourly, half-day, daily or longer term hires. Please contact Reception on 0141 533 7070 for rates and availability.



Join us on social media for  
more regular updates!



@Centre81Clydebank





**West Dunbartonshire Council's Your Community Team**

## Partnership Working

**For the benefit of our whole community, we work in partnership with others whenever possible.**

This can be by way of free room hire or reduced rates, depending on the circumstances.

We currently have partnerships with West Dunbartonshire Council's Your Community Team, all local Councillors, Centre81 Steering Group and more!



### We work in partnership with the Centre81 Steering Group.

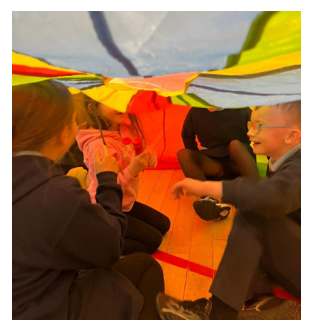
The group provide activities for children in the area. We have engaged the group to provide weekly sport and craft activities for the Centre.

We provide free storage space for the group to store their equipment so that they can effectively carry out their activities and ours.

Our staff also volunteer on occasion to support the group's activities.



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gov.scot



*Some of our activities that the Steering Group run*





## Foundation Apprenticeship in Construction Craft SCQF Level 5

We work in partnership with Tiger Construction/Working4U to deliver the Construction Craft foundation apprenticeship. This allows students to experience various trades and start thinking about career pathways and what they'd like to do. It is aimed at students who would prefer a more hands on practical based experience rather than focusing on a paper-based academic approach.



## Your Community Team

We provide the Council's Your Community Team with space to engage with the community in an informal setting.

This helps the team find out what the needs and wants of the community are.



## Local Councillor Surgeries

We offer all local Councillors free space to have their surgeries with their constituents. The following Councillors have surgeries at Centre81:

- Councillor Lauren Oxley
- Councillor June McKay
- Councillor James McElhill

This benefits the whole community and saves locals having to travel.



## West College Scotland

In partnership with West College Scotland Sport HNC Fitness students, we held a joint health and fitness assessment event.

Students were at the Centre for two days in October offering FREE health and fitness assessments, personalised fitness questionnaires, basic health checks and fitness testing.

They provided advice to dozens of people and feedback was great!



## Special Thanks

With special thanks to our Centre81 funders and partners, as without their support we would not have been able to deliver worthwhile activities and services for the benefit of our community. Particular thanks to Community Links Scotland for their valuable assistance in securing funding.

**Centre81 is owned and managed by Clydebank Housing Association. Our funding partners:**







*Easter 2024 Party Success*

## Our Events

We run a wide and varied range of events for all ages, all throughout the year. From big to small events, we have something to cater for everyone! We hope you enjoy reading about some regular and recent events that we have held. Funding for many of the events comes from our Community Pot, a dedicated pot of money we set aside to support community activities. Here are some of our recent events...

### Christmas Wreath Workshop

Lauren from Herbal Homestead came to the Centre for a Christmas Wreath Making workshop. Lauren took participants foraging for foliage and holly and they then made some gorgeous festive wreaths to take home.



### Christmas Card Workshop

Tintin from Glasgow's Mobile Print Studio was at the Centre delivering a Screenprinting Christmas Card Workshop. Participants on this introductory workshop worked with simple hand-cut stencils, creating exciting designs in multiple layers and colours. At the end of this fun workshop in November, they had made a batch of their own unique Christmas cards.



**Join us at Centre81 for our famous weekly bingo sessions!**

£5 per person which includes 6 games and a cuppa.

Every Thursday - 1pm - 2.30pm.  
Everyone welcome!





## AutumnFest

We held a week of various events, activities and workshops throughout the October school holiday week.

We held taster sessions of Tai Chi, Yoga and Circuit Training, organised a Community Cycle from Centre81 to the Bowling Basin and back, and offered an afternoon of free Gym81 inductions. We also ran a Cupcake Decorating Class, Natural Body Butter & Deodorant Workshop and a Herbal Tea and Fire Cider class.



## Easter Party Success!

On Thursday 29th March we held a fantastic Family Easter Party at Centre81 for the community.

Over 100 kids and their families joined in with the Egg Puzzle Hunt, disco and party games. Café81 supplied the yummy buffet for everyone. And, of course, every child left with an Easter Egg!



## Halloween Fun @Centre81

In partnership with the Centre81 Steering Group we held our Halloween Disco, with over 200 people attending!



## Gala Day

The rain showers couldn't dampen spirits at our 2023 Gala Day!

Over 500 people attended throughout the day on 5th August, where they enjoyed music/DJ, free kids' fairground rides, BBQ and refreshments, a live band, cupcake making, face painting and more.



## Santa Claus came to town!

On Thursday 14th December Santa Claus paid a visit to Centre81 and we had a party to celebrate!





Centre81 tenant for 13 years

*ISARO offers a wide range of services for the benefit of adults, children and young people of all ages.*

## ISARO Community Initiative

ISARO Community Initiative is a community-led organisation established in 2010 with the aim of promoting social and economic integration of new community members from ethnic minorities backgrounds.

ISARO offers a wide range of services for the benefit of adults, children and young people of all ages. Support provided includes advice and information to assist new members to integrate easily, learning opportunities, keep fit sessions, skills development and a range of multicultural events that bring community members together in Clydebanks and beyond.

Having their base at Centre81 has been a great opportunity to bring people from diverse backgrounds together and strengthen community cohesion.

For more information please visit [isaroinitiative.org.uk](http://isaroinitiative.org.uk).



## Social Security Scotland

Social Security Scotland (SSS) has a base at Centre81.

The benefits currently delivered by Social Security Scotland are:

- Best Start Grant Pregnancy and Baby Payment
- Best Start Grant Early Learning Payment
- Best Start Grant School Age Payment Best Start Foods
- Carer's Allowance Supplement
- Funeral Support Payment

- Job Start Payment
- Young Carer Grant
- Child Winter Heating Assistance
- Scottish Child Payment
- Child Disability Payment

They have Client Support Advisers who will help guide you through the benefit application process. To book an appointment, see details to the right.



## Champion Dance & Cheer

Champion Dance and Cheer is an allstar cheer and dance program who provide recreational and competitive classes and have been based at Centre81 since 2009.

They provide classes in Cheerleading, Gymnastics, Hip Hop, Pom, Lyrical, Ballet and Jazz and also provide Cheerleaders and dancers for events throughout Scotland and the UK.



Centre81 tenant for 15 years

They believe in creating a family atmosphere where their athletes can reach their full potential in a positive team environment.

They pride themselves on having a class for EVERYONE! Contact them today to learn more about the classes they offer and how to get involved.

[www.info@championdanceandcheer.com](http://www.info@championdanceandcheer.com)



*Some of Champion Dance & Cheer's recent activities*

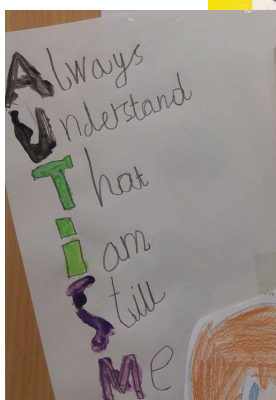
## Strathclyde Autistic Society

Strathclyde Autistic Society (SAS) moved to Centre81 and in 2014, in partnership with Clydebank Housing Association and with funding from the Scottish Government's People & Communities Fund, they started delivering their Sports & Art Clubs every week.

The club runs every Friday night, 5-7pm and and Saturday mornings, 10-12 noon, all free of charge!

The club is open to anyone on the autistic spectrum and their siblings aged 6 - 23.

For questions or suggestions please contact them via Facebook ([www.facebook.com/sasclubscllydebank](http://www.facebook.com/sasclubscllydebank)) or email them: [strathclyde81@yahoo.com](mailto:strathclyde81@yahoo.com).



*Some of SAS's amazing work from the Art Clubs*



**STRATHCLYDE  
AUSTISTIC  
SOCIETY**

Centre81 tenant for over 10 years

**You can book an appointment at a location and time that suits you by calling us on our main helpline: 0800 182 2222.**

The appointment could be:

- at a venue in your local community
- in your home
- in a hospital or prison
- via video call
- over the telephone



Centre81 tenant for 5 years







Routes to Work

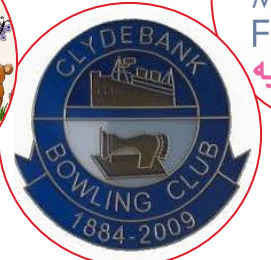
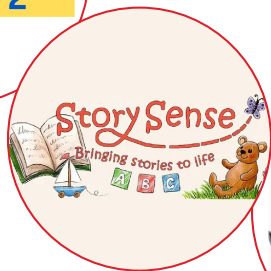
## Centre81 provides a range of comfortable spaces for hire to suit many needs.

Contact Jean at reception to hire or enquire! 0141 533 7070. Just some of our regular hires are detailed on this page.

Some of the amazing feedback we've had recently from hires includes:

*"We really enjoyed being at Centre81. It's a lovely space with very warm, welcoming and helpful staff. Thank you for having us."*

*"We couldn't speak higher of Centre81's facilities or staff. The staff were so helpful and the venue is lovely. We feel very at home in Centre81."*







*Centre81's Bike Mechanic can carry out free bike maintenance*

## Free Bike Maintenance Service

Get your bike ready for all weathers!

Book in for a basic service and/or mechanical repairs (i.e. repairs that are necessary to make the cycle roadworthy and fit for purpose).

Contact our bike mechanic, Brian, or Jean for an appointment:

**0141 533 7070**

Our bike maintenance service at Centre81 is funded by the Scottish Government and Cycling UK Scotland.



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we are  
**cycling**  
UK  
in Scotland



## Led Cycles - Improve Your Confidence!

Come along on one of led cycles.

Our staff will be there to help and provide advice on the journey. We go a variety of distances so that all abilities can get involved.

Contact our bike mechanic, Brian, or Jean for more info:

**0141 533 7070**







*Our beautiful community garden*

## Centre81 community garden is open for everyone to enjoy.

We have a lovely community garden attached to Centre81.

Our part-time Community Gardener, Gillian, grows herbs, vegetables and fruit. We use these products in any cooking classes we run. We also thank our volunteers for their help with the garden.

## Raised Beds Available

We have a number of raised beds available at Centre81.

Get growing your own fruit and veg in 2024. We can help you get set up and give you advice on what and when to plant.

If you are interested, give Jean or Ali a call at Centre81! Telephone number: **0141 533 7070**.



## A fond farewell

Donald, our Community Gardener for the last 6 years, retired recently.

Donald worked on all our Scottish Government Climate Challenge projects, including the Raised Beds Project at Braes Ave and the Radnor Community Garden. We had a lovely event to celebrate with many of Centre81's friends in attendance. We wish him all the best and a very Happy Retirement from everyone at Centre81 and Clydebank HA.







10 years of Gym81!

## 10 years of Gym81!

- NO joining or rejoining fees
- NO contract
- NO hassle

Only £10 a month or £100 for an annual pass!

Still only  
£10 a  
month!\*

## Our Fitness Classes

We provide a fantastic array of regular fitness classes with knowledgeable and experienced local tutors. And for just £3! We have worked with these fabulous tutors for years and love the positive contribution they make to Centre81.

Yoga - Monday 10-11.15am  
Pilates - Tuesday 10.30-11.30am  
Circuits - Tuesday 6-7pm  
Chair Yoga - Thursday 10-11am  
Kettlebells - Thursday 5.30-6.30pm  
Tai Chi - Friday 2-3pm

All only £3 per class (no need to book)! Age 16+



Along with our regular £3 Fab Fitness Classes, we are trialling a few new classes throughout April & May, including **Leg, Bums & Tums**, **Bootcamp** and **Core Strength**. Please check on our Facebook page for times and details.



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gov.scot

\*a one-off £10 gym induction charge applies





*Café81, Centre81's friendly café*

## Delicious Meals & Treats at Café81

Having our wonderful Centre81 allows us to provide a franchise opportunity to run Café81.

We work closely with the café and their staff team, where possible, to cater our events, large or small.

Pop in for a delicious lunch, coffee, cake, snack or daily special! A particular favourite is the wide range of yummy home baking.



[@cafes81clydebank](https://www.facebook.com/cafes81clydebank)



# Looking Back...

# 16 Years of Centre81

13  
Gala Days

New  
Access to  
Canal  
Path

4 staff  
employed

Raised  
Beds  
opened  
2018

9  
Christmas  
Fayres

Beautiful  
Community  
Garden

Gym81  
opened  
2014

11 Years  
of our  
Weekly Bingo  
Club!

First  
venue to  
deliver SCQF  
Level 5 in  
West D/shire

Creation  
of Park81

Host to over  
60 accredited  
courses with  
WEST COLLEGE  
SCOTLAND

**Centre81 - Construction  
Begins February 2007**

**Centre81, opened in 2008,  
is Clydebank Housing  
Association's community  
regeneration centre built  
in the heart of Whitecreek.**

### In the beginning...

Initially supported and funded with capital grants from the European ERDF Urban II Programme, The Big Lottery, Communities Scotland Wider Role Fund and West Dunbartonshire Council amongst others, this £2m+ Centre sprung into life!

### Where we are now...

Centre81 now funds some of its ongoing activities but still heavily relies on external funding to deliver projects and activities.

We continue to recognise the need to maximise access and opportunity for all and we bring the community together on a regular basis through fun family events! Our annual Gala Day is a great example of this but we also host Easter, October week and Christmas events.

### Our achievements...

We are extremely proud of what has been achieved in the last 16 years and we could not have done this much without our various funders, the support of the community and our many partners, including West College Scotland, WDC Working4U, ISARO Community Initiative, Action for Children, CAOS, Strathclyde Autistic Society, Centre81 Steering Group etc.

Our many funders over the years include:

- The Scottish Government
- The Big Lottery
- The Hugh Fraser Foundation
- Santander
- Sustrans
- Children in Need
- West Dunbartonshire Council
- Awards for All
- Keep Scotland Beautiful
- Cycling UK

With the help of Scottish Government funding we are able to run a full programme of sports and active lives activities. More information is contained throughout this newsletter.



Centre81 - Nearing Completion  
February 2008



Park81 - Before



Park81 - After





The lovely Garden Room  
at Centre81. To hire or  
enquire call Centre81 on  
0141 533 7070



## Centre81 Hours

**Monday to Friday, 8am - 8pm**

**Saturday, 9am - 1pm**

We are also closed on the following public holidays:

Friday 26th May & Monday 29th May

Friday 12th July & Monday 15th July

## Thank You!

T · H · A · N · K  
Y · O · U

We thank our Centre81 staff who work tirelessly throughout the year to make Centre81 the thriving, vibrant community hub that it is.

We also thank the staff at Clydebank Housing Association who contribute to the work of Centre81 and support all of the business needs of running a busy community centre.



Café81's outdoor  
seating area



James and Jean, 2 of our dedicated  
staff members

Centre81, 2-16 Braes Avenue, Whitecrook G81 1DP  
Tel: 0141 533 7070  
Email: [reception@centre81.org](mailto:reception@centre81.org)  
Facebook: @Centre81Clydebank   
[www.clydebank-ha.org.uk/community/centre81/](http://www.clydebank-ha.org.uk/community/centre81/)



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